

# Lenten Sunday School

Be renewed this season.



## Lent is a wonderful time of renewal

Shani McIlwain, friend and National Capital Presbytery colleague will be joining us at Saint Mark for the season of Lent. During the Sundays of Lent (March 8, 15, 22, 29), the Adult Sunday school class will focus on renewal, using Shani's bestselling prayer devotional: it's time to make a change.

We all find ourselves wanting to pray, study and rest more. Using prayer as a catalyst for change, Shani teaches us how to apply prayer habits into daily practices.

When: Sundays during the season of Lent

Where: Room 105/106 in the Education Building

Time: 9:30 am

Hope you will  
join us!